

When Should Your Child See a Pediatric Cardiologist?

As a pediatric cardiologist, I often meet families who wonder when it's time to see a heart specialist for their child. It's a great question—and knowing the signs can make a real difference.

Here are some situations where a visit to the pediatric cardiologist might be the right step



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What to Watch for

- Poor weight gain, difficulty feeding, or frontal sweating during feeds in infants
- Feeling unusually tired or easily worn out during physical activity
- Frequent chest infections or breathing issues that don't improve
Chest pain, fainting, or a racing heartbeat, especially during exercise
- A family history of congenital heart disease or sudden cardiac arrest
- Bluish discoloration around the lips or inside the mouth (especially when crying or feeding)
- A heart murmur your pediatrician wants to investigate further
- An abnormal EKG or a referral from your child's pediatrician

Sometimes the signs are subtle. Other times they show up in ways parents might not immediately associate with the heart. That's where we come in—to evaluate, explain, and, most of all, offer reassurance.

*Every child's heart tells a story.
We're here to help you listen to it.*