

POLYCYSTIC OVARIAN SYNDROME

It is a problem in which a woman's hormones are out of balance. It can cause problem with your menstrual periods and make it difficult to get pregnant.

SYMPTOMS

- Irregular periods
- Heavy Bleeding
- Hair growth
- Acne
- Weight gain
- Male Pattern baldness
- Darkening of the skin
- Headaches

TREATMENT

Birth control pills and other medicine can help regulate the menstrual cycle and treat PCOS symptoms like hair growth and acne.

Ovarian drilling is a procedure that makes tiny holes in the ovary with a laser or thin heated needle to restore normal ovulation.

WHEN TO SEE A

DOCTOR?

- You have missed period and you are not pregnant
- You have symptoms of PCOS such as hair growth in your face and body
- You have been trying to get pregnant for more than 12 months but have not been successful
- Symptoms of Diabetes Mellitus (DM) such as excess thirst or hunger, blurred vision or unexplained weight loss.

If you have PCOS plan regular visits with your Gynecologist.



مستشفى ميلينيوم

MILLENNIUM
HOSPITAL

Specialized in

WOMEN & CHILD CARE

عنوان جديد للعناية الشاملة بالأم والطفل

